

Tessa Gordon's



PREMIER

MARTIAL ARTS

548-550 Union St., Brooklyn, NY 11215

718-965-4222

FALL/SPRING SCHEDULE

Start Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
9:00 AM		Fit to Fight		Fit to Fight				
10:00 AM								Leadership/ Demo Team
11:00 AM								Junior & Tiny Tigers: All Belts
12:00 PM								Adult: All Belts
1:00 PM	Stretch Massage		Stretch Massage					
4:00 PM	Tiny Tigers: 3-4 Year Old White Belts		Tiny Tigers: 3-4 Year Old White Belts					
4:30 PM	Tiny Tigers: 3-4 Year Old Yel/Orange Belts		Tiny Tigers: 3-4 Year Old Yel/Orange Belts					
5:15 PM	Junior: All Belts	Junior: Beginner Wht/Yel/Orange belts	Junior: Black Belt Club Weapons	Junior: Beginner Wht/Yel/Orange belts				
6:15 PM	Teen: All Belts	Junior: Int./Adv. purple belts & up	Teen & Adult: Beg wht/yel/orange (6:30)	Junior: Int./Adv. purple belts & up				
7:15 PM	Adult & Teen: All Belts	Adult & Teen: All Belts	Adult & Teen: Black Belt Club (7:30)	Adult & Teen: All Belts				
8:30 PM			Stretch Massage					

****Please Arrive 15 Minutes Before Your Scheduled Class and Bring All Equipment to Every Class****